CENTRAL CALIFORNIA AREA OF COCAINE ANONYMOUS, INC.

P.O. BOX 982

SUMMERLAND, CA. 93067

24HR HOTLINE
805-969-5178

FOR INFOLINE NUMBERS IN OTHER PARTS OF THE U.S. AND CANADA CALL
800-347-8998

C.A.on the Internet: WWW.CA.ORG

NAME **PHONE**

G.S.O. MEETS THE SECOND SUNDAY OF EACH MONTH. LOG BUILDING BEHIND THE CARPINTERIA COMMUNITY CHURCH AT 1111 VALLECITO (off Carpinteria Ave.)CARPINTERIA. STARTS AT 5:30PM

WHAT IS COCAINE ANONYMOUS?

WE ARE A FELLOWSHIP OF COCAINE ADDICTS WHO MEET TOGETHER TO SHARE OUR EXPERIENCE, STRENGTH AND HOPE FOR THE PURPOSE OF STAYING SOBER AND HELPING OTHERS ACHIEVE THE SAME FREEDOM. EVERYTHING HEARD AT OUR MEETINGS IS TO BE TREATED AS CONFIDENTIAL. THERE ARE NO DUES OR FEES OF ANY KIND. TO BE A MEMBER, YOU ONLY HAVE TO WANT TO QUIT, AND SHOW UP. WE ALSO EXCHANGE PHONE NUMBERS, AND GIVE AND SEEK SUPPORT FROM ONE ANOTHER BETWEEN MEETINGS.

WE ARE ALL ON EQUAL FOOTING HERE. THERE ARE NO PROFESSIONAL THERAPISTS OFFERING TREATMENT, AND NO ONE “RUNS” THE GROUP. EVERYONE IN THESE ROOMS IS HERE BECAUSE HE OR SHE HAS A DESIRE TO STOP USING COCAINE. WE ARE MEN AND WOMEN OF ALL AGES, RACES AND SOCIAL BACKGROUNDS, WITH A COMMON BOND OF AFFLICTION. OUR PROGRAM, CALLED THE TWELVE STEPS OF RECOVERY, IS GRATEFULLY BORROWED FROM ALCOHOLICS ANONYMOUS, WHOSE MORE THAN 50 YEARS OF EXPERIENCE TEACHES US THAT THE BEST HUMAN HELP AN ADDICT CAN RECEIVE IS FROM ANOTHER ADDICT. SOME OF US MAY COME TO C.A. WHILE IN A TREATMENT PROGRAM OR SEEKING INDIVIDUAL PSYCHOTHERAPY. WE SAY,”FINE, DO WHATEVER WORKS FOR YOU.” WE DON’T PRETEND TO HAVE ALL THE ANSWERS. BUT EXPERIENCE TEACHES THAT A RECOVERING ADDICT WILL ALMOST CERTAINLY RELAPSE WITHOUT THE ONGOING SUPPORT OF FELLOW ADDICTS.

WE WELCOME NEWCOMERS TO C.A. WITH MORE GENUINE WARMTH AND ACCEPTANCE IN OUR HEARTS THAN YOU CAN PROBABLY NOW IMAGINE, FOR YOU ARE THE LIFEBLOOD OF OUR PROGRAM. IN GREAT PART IT IS BY CARRYING THE MESSAGE OF RECOVERY TO OTHERS LIKE OURSELVES THAT WE KEEP OUR OWN SOBRIETY. WE ARE ALL HELPING OURSELVES BY HELPING EACH OTHER.

FROM THE COCAINE ANONYMOUS PAMPHLET
“TO THE NEWCOMER”

CENTRAL CALIFORNIA AREA

MEETING SCHEDULE

MAY 2008

Central California Cocaine Anonymous 24 Hour Hotline
805-969-5178
805-453-0134

www.cencalca.org

“We’re here and we’re free.”